



AAC Teletherapy

Checklist

for parents



Communicate Activities

Communicate potential activity choices with your therapist ahead of time. This helps the therapist reflect target words to model in the session.



Tech Check

Make sure both your teletherapy device and communication device are charged and functioning. If you need a test run first, let your therapist know.



Be Flexible

Your child may not sit in one spot for the duration of the session. Be flexible and read to move with your child.



Stay Positive

It's okay if your child does not participate or attend to the entire session. A major component of the AAC Therapy is "indirect." A parent coaching session is just as effective as a session with your child.



Have Fun

Don't stress! Try to have fun playing with your child and learning more about their device. Mistakes are welcomed. Sillies are encouraged.



AAC Teletherapy

Checklist *for therapists*



Communicate with Families

Tell families what to expect during your teletherapy session. Listen to which activities they say they have at home.



Be Available

Not everyone is tech savvy. Be available if the family requests a 10-minute tech check before the session. It will help things go smoother later.



Use screen mirroring!

You can mirror your iPad screen in most video-chat programs. This way, the family can see what you're modeling.



Follow the Family

You bring the target words but let the family lead the activities. We want this to be as functional as possible for them.



Be encouraging

Point out at least twice as many things the family is doing well when providing feedback. Sandwich any constructive criticism with two positives!